



# Australian Kyokushin Karate Association

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## Order Form kata book

"From Beginner to Black Belt" by *Hanshi* John Taylor, *hachidan*

A **Kyokushin Karate** manual with over 100 pages of **Kata** with complete and detailed explanations, including the correct count for **Kyokushin Kata**. A comprehensive book that takes a student from "Beginner to Black Belt".

Mas Oyama said that one should **"think of karate as a language – the *kihon* (basics) can be thought of as the letters of the alphabet, the *kata* (forms) will be the equivalent of words and sentences, and the *kumite* (fighting) will be analogous to conversations."**

The book is so complete, that I am mandating that all students have their very own copy. My adult classes now have the materials they need to keep them on track. As for my kids programs, parents have commented to me how much they themselves have learned though helping their children with terminology and the *kata*. I wish this had been around when I was coming up through the *Kyu* rankings.

Congratulations on a job well done!

Kind Regards,

*Shihan* Martin R. Petrovich - USA

*Shihan* Taylor's *kata* manual is a long over-due book that every *Kyokushin* instructor and student should own and use to compliment any serious training for *kata*. The illustrations are easy to follow along with the accurate explanations and terminology. It is the first and only concise book on *Kyokushin kata* that also emphasizes a count for each movement. Every dojo should have at least one manual at its disposal. It is the best *kata* training guide available.

Best regards.

*Sensei* John Kalaidopoulos - West Island dojo - Canada

I have found *Shihan* Taylor's *kata* book to be an immense benefit to my teaching. As a ready reference for technique and the count it is invaluable and my *dojo* operators and members have all commented on how good it is. I thoroughly recommend this book to all students of *Kyokushin*. Matsushima and we are very lucky to have it.

*Shihan* Gary Viccars - Australia.

I believe that *Shihan* John Taylor's *Kata* Manuals are a unique tool to standardise *Kata* throughout IKO Matsushima, plus it can be used as a way of retention for our students with its turn key approach to learning '*Kyokushin Karate Kata*' and '*Kyokushin Karate terminology*'.

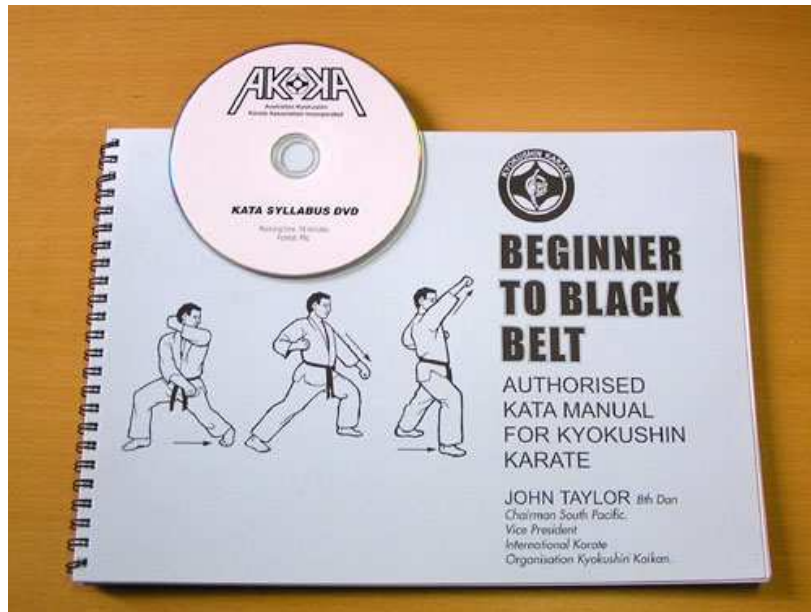
*Sensei* Duayne Davies - New Zealand.

This *Kata* book is something that we have been looking for some time, now have a book that will standardise everyone's *kata*, through the use of the drawings and the detailed explanations for each *kata*.

*Shihan* Tony Bowden - Australia

**Kata** included: *taikyoku ichi, (ni) & san; taikyoku sokugi ichi, ni, san & yon; pinan ichi, ni, san, yon & go; tsuki no kata; gekisai dai & sho; yantsu; tensho; saiha; sanchin; sanchintensho; seipai.*

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