



# Kyoku**SHIN** Karate

Shihan Taylor's Branch - Australian Newsletter

July 2004

From Shihan's desk



## **K-1 Bows to Kyokushin:**

TOKYO, May 30, 2004 -- Kyokushin Karate fighters overwhelmed their K-1 opponents, winning all seven match-ups in a unique fight event at the historic Budokan in central Tokyo. "Ichigeki" ("decisive strike") featured a K-1 vs Kyokushin format.

Similar to K-1's development, Kyokushin is the one ultra of karate styles, demanding unparalleled dedication to the development of spiritual and physical strength. Explained Kyokushin originator Mas Oyama (1923-1994): "One thousand days of training, a beginner; ten thousand days of training, a master". Today, dojos and practitioners all over the world comprise the Kyokushin Family.

The Ichigeki card was divided into two parts -- four fights were fought under K-1 Rules, with some of K-1's best taking on elite Kyokushin fighters, and three matches were contested under Kyokushin Rules (judging is based on technique, the Kyokushin Rules also prohibit punches to the head)

2003 K-1 World GP Champion Remy Bonjasky squared off against 33 year-old Kyokushin (and K-1) legend Francisco Filho in the main event. Bonjasky had won eight in a row in K-1, a streak dating back to July 2003. But on this night, he came up against a very focused Filho. Aware his side had won six of six so far on the Ichigeki card, Filho was determined to complete the Kyokushin sweep. But few in the room could have anticipated the manner in which Filho would accomplish this incredible feat.

Filho and Bonjasky tested one another with kicks in the early going -- Filho firing in low, Bonjasky answering up high and just missing. Bonjasky then tried to work knees from the clinch to no avail. It was Filho who scored first with a solid right punch that sent Bonjasky reeling and very nearly falling to the canvas. A shaken Bonjasky used his long legs to push his opponent back while he recomposed, but Filho now knew what he had to do -- from then on, the Brazilian used the right punch more than all his other weapons combined.

"Punching is not new for me, having fought in K-1 for many years, but I was working on that, training for the last several weeks at the VOS Gym in Holland." Asked about his mental preparation, Filho said: "I treat every fight as if it is my last, and so I always give it my all."

Reminded by a reporter that he has now beaten four K-1 Champions (Hug, Hoost, Aerts and Bonjasky), Filho said: "I was fortunate on the days I beat those excellent fighters, and if I go to the Tokyo Dome Final this year I hope I am fortunate there too, so that I can become the 2004 Champion!"

In other action, Brazilian Kyokushin veteran Glaube Feitosa took on Dutch fighter Alistair Overeem in the penultimate bout. Overeem was a late substitution after scheduled fighter TOA of New Zealand injured a cervical vertebra. Feitosa wasted no time here, laying into Overeem with an uncharacteristic punching attack to force a standing eight count just seconds into the fight. Overeem came back with a good knee attack, but Feitosa was

able to slip out of harm's way and resume his balanced kick and punch work to effect. Perhaps it was the lack of preparation, but Overeem did not look sharp here, and Feitosa once again got in with punches. It was a straight right that dropped Overeem for good and earned Feitosa his second consecutive KO victory in the K-1 ring. Courtesy of Martial Arts News Magazine

[www.man-magazine.com](http://www.man-magazine.com)

## **Shihan's travels:**

I went down the Victoria to train with the Ballarat dojo. Sensei Hardy's group is not only a very hard training group but they should be given awards for determination. We had to scrape the ice off the windscreen before we could set off for a 7am start. However the reception was certainly warm and we had a great workout followed by breakfast that the dojo provides. They provide breakfast every Sunday and it is a very popular class. Perhaps other instruction should think about doing the same.

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## **This month's bad joke:**

While sports fishing off the Florida coast, a tourist capsized his boat. He could swim, but his fear of alligators kept him clinging to the overturned craft. Spotting an old beachcomber standing on the shore, the tourist shouted, Are there any gators around here?! Naw, the man hollered back, they ain't been around for years! Feeling safe, the tourist started swimming leisurely toward the shore. About halfway there he asked the guy, How'd you get rid of the gators? We didn't do nothin', the beachcomber said. The sharks got 'em.

## **Upcoming tournaments:**

### **2004 Australian Non Contact Kyokushin Championships:**

The Non Contact Open Championships will be held on the 31<sup>st</sup> July, commencing at 1am. Grade division for adults and age division for children

### **2004 Australian Full Contact Kyokushin Championships:**

The Kyokushin Open Full Contact event will be hold on the 1<sup>st</sup> August, commencing at 1pm  
Both events are open to all styles and all martial arts. For information and or applications, contact Shihan Taylor on 0418-284100 or by email at [Shihan@ozemail.com.au](mailto:Shihan@ozemail.com.au)

## **Tournament Venue:**

South Sydney junior Leagues Club Anzac Parade Kingsford

## **This month's quote:**

"Failure is a unique method of being granted another chance to get it right"

**A black belt is a white belt that never gave up.**



**Celebrating Haiti's 200th Independence Anniversary**

**Location:**

Brooklyn Campus • Long Island University  
1 University Plaza, Brooklyn, New York 11201-8423

**Must Register by July 31, 2004**

**Contact: Grand Master Mario Arthur • 703-858-5904**

**Master Frantz Cadet • 410-342-6622**

**KIDS IN CHURCH:**

3-year-old, Reese: Our Father, Who does art in heaven, Harold is his name – "Amen."

**GRADINGS & SPRING CAMP:**

**10<sup>th</sup> – 12<sup>th</sup> September** - Spring camp: - Green Belt & Over grading and John Taylor Branch dojo operators meeting. The Camp is a great weekend, the program allows all grades to come and learn heaps of karate stuff.

**13<sup>th</sup> September:** Bondi Junction under Green belt grading.

**14<sup>th</sup> September:** Bondi Beach under green belt grading.

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*Now let me see have I got this right?*



**New members to the Bondi Dojo:**

I would like to welcome the new members to the Bondi dojo:  
Leonid Medvedskiy - Edmond Whitehead - Elliott Spira -  
David Dolku – John Neville – Karl Davies – Anthony Bottomer  
– Jacinta Olbourne – Sophie Keimnahl - Joanne Lindsay –  
Jenny Binetter

**Welcome back to training:** It is good to see Satoru Ushimichi back in training after a long break.

**GRADING SYLLABUS:**

With the September grading getting close, students should think about buying a grading syllabus. You will be sure exactly of what is required to get your next grade. At only \$15.00 and packed full of karate terminology as well as the grading syllabus up to San Dan, it is well worth the price.

**Donovan Pather**  
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**New South Wales Non Contact Championships:**

With seventy fighters participating it was a little smaller than we would normally expect, however it was certainly a full day. One of the great things about the event was how so many fighters were "fighting smart" rather than "tough" no doubt realizing that being a non contact event being the toughest fighter in the tournament will not make you the winner. So it was a day of great foot work and well controlled technique. No doubt some very good judging and refereeing contributed to the success of the day. The results are as follows:

**Manes Open:**

1 <sup>st</sup> Place:	Jan Shepley:	Bondi junction
2 <sup>nd</sup> Place:	Adam McGrath	Bondi Junction
3 <sup>rd</sup> Place:	Michael Archer	Illawarra
	Daniel Longworthy	Hunter Valley

**Male 5<sup>th</sup> Kyu & Under:**

1 <sup>st</sup> Place:	Cherbal Yousef	Illawarra
2 <sup>nd</sup> Place:	Joseph Yousef	Illawarra
3 <sup>rd</sup> Place:	Michael Gulyas	Illawarra
	Hide Hagawara	Bondi Junction

**Male 13-15 Years:**

1 <sup>st</sup> Place	Nathan Webster	Illawarra
2 <sup>nd</sup> Place	Brice Duggan	Bondi Junction
3 <sup>rd</sup> Place	Takao Abe	Bondi Junction

**Male 10-12 Years:**

1 <sup>st</sup> Place:	Takuma Abe	Bondi Junction
2 <sup>nd</sup> Place:	Diachi Abe	Bondi junction
3 <sup>rd</sup> Place:	Jeromaia Detto	Bondi junction
	Keiren Elliott	Bondi Beach

**Female 1-12 Years:**

1 <sup>st</sup> Place:	Elise Fenwick:	Charnwood
2 <sup>nd</sup> Place:	Kaylea Hamilton	Illawarra
3 <sup>rd</sup> Place	Morgan Williams	Illawarra
	Lauren Ulma	Bondi Beach

**Male 8 – 10 Years:**

1 <sup>st</sup> Place:	Andrew McGrath	Bondi Beach
2 <sup>nd</sup> Place:	Nathan Hamilton	Illawarra
3 <sup>rd</sup> Place:	Harry Doran	Bondi Beach
	Dean Catsaros	Bondi Beach

**Female 8 – 10 Years:**

1 <sup>st</sup> Place:	Indyana Schnieder	Bondi Beach
2 <sup>nd</sup> Place:	Danielle Williams	Illawarra

**Male & Female 7 years & Under:**

1 <sup>st</sup> Place:	Christopher McGrath	Bondi Beach
2 <sup>nd</sup> Place:	Daniel Lee	Bondi Beach
3 <sup>rd</sup> Place:	Ashley McGrath	Bondi Beach
	Jake Donoghue	Queanbeyan

**Snappy Answer:**

A college teacher reminds her class of tomorrow's final exam. "Now class, I won't tolerate any excuses for you not being here tomorrow. I might consider a nuclear attack or a serious personal injury or illness, or a death in your immediate family but that's it, no other excuses whatsoever!" A clown in the back of the room raised his hand and asks, "What would you say if tomorrow I said I was suffering from complete and utter sexual exhaustion?" The entire class does its best to stifle their laughter and snickering. When silence is restored, the teacher smile sympathetically at the student, shakes her head, and sweetly

**A black belt is a white belt that never gave up.**

says, Well, I guess you'd have to write the exam with your other hand."

**A black belt is a white belt that never gave up.**