



# Kyoku**SHIN** Karate

Shihan Taylor's Branch - Australian Newsletter

September 2004

From Shihan's desk



## 2004 Australian Full Contact Championships (part 1)

The 2004 Australian Kyokushin Karate Association Non Contact and Full Contact Championships were, as expected, well supported and full of action, with almost 290 fighters taking part over the two-day event. The Full Contact Open Division started with a great bout between Shihan Peter Mylonas' Margaret Le, who has competed in this event for a number of years now and was expected to do well. She did not let her supporters down when she took on Nicole Phari in the **Female Lightweight Division**. Margaret was constantly on the attack and had Nicole on the back foot, resulting in a points win to Margaret. Margaret then went on to meet Shihan Howard Lipman's fighter, Nina Hassan. Nina is a top class point fighter and taking the step into the Full Contact AKKA Championships for the first time was her baptism of fire matched against the inform Margaret Le. Nina put up a great fight and certainly would have not made the judges decision easy, but the points went to Margaret and she was through to the final. In the lower end of the division, Jenny Lau had to take on Cindy Hayes. Jenny proved to be the stronger of the two, getting in some huge punches to the Cindy's body followed by some very strong kicks. Cindy fought back well but she was not good enough on the day and when the flags went up they were for Jenny, who now had the unenviable job of taking on Naomi Wood. Naomi's reputation was obviously daunting. She had just recently completed the history making 100 man kumite test. She is also the two times and current World Champion and against good advice decided to compete this year to be the first Kyokushin female fighter to win five times. Jenny however was not put off by her opponent's reputation and went on the attack. Naomi is too good of a fighter to be beaten by good tactics and in-spite of a broken hand did enough to send her through to the final against Margaret Le. Margaret was also unperturbed about taking on the World Champion. A good fight ensued and right up until the last half, when Naomi like a true champion picked up the pace to secure the win and her 5<sup>th</sup> Australian title.

**The Male Lightweight Division** was packed with top fighters. The quarter finals saw Brad Casey beating Russell Fraser to meet the winner of the Sakamoto Vs Dwayne Harris fight. Both fighters let go with a barrage of body punches backed up with some great kicks. Dwayne however had the measure of Sakamoto and won on the flags. Ashley White took on Kearin Goodwin in the shortest fight of the day. Kearin started off well and came out with all guns blazing and had Ashley on the back foot, Ashley quickly recovered and let go with a back kick that put Kearin out of the fight and Ashley into the semi finals to meet another of Shihan Lipman's fighters, Mark Long. At the top of the draw Russell Fraser had beaten Brad Casey to take on the talented Dwayne Harris in a tough bout. Russell put a great fight but a body punch stopped him in his tracks for a half point win to Dwayne. The Ashley White and Mark Long bout started with great technique from both fighters, Ashley executing a great spinning back kick that only just missed the target. With the blink of an eye Mark reacted to execute his own spinning

back kick that had the audience on their feet with excitement. This fight had everything, spectacular kicks, big hits and non-stop action. Both fighters at different times were lucky to be left standing, the only way to split the them was by a judges decision and they thought that Mark was the better of the two. In the Dwayne Harris and Mark Long final, it was a question of what hurts more, big hits or constant impacts. Dwayne powered in with strong punches and low kicks with Mark would countering with his own body and low kick attack, but the constant body punches and low kicks finally paid off for Dwayne when he stopped Mark with a huge hit that won him the match and the 2004 Lightweight Championships.

### Sad news:

Some of you will remember Peter McGovern who trained at the Bondi Junction dojo a many years and had to stop training when he move to Canberra with his job. I am sorry to say that Peter unfortunately had a car crash that cost him his life. I am sure you will join with me in sending our deepest condolences to Peter's Mother and Father, who, as I am sure you can image are deeply shocked by the tragedy. Those who knew Peter will remember his great personality, his love for Kyokushin and his dedication to hard training.

### September grading results:

#### Nidan

George Pudja

#### Shodan

Louie Ingenito

Daichi Abe

#### 1<sup>st</sup> Kyu

Christopher Chilita

Michael Archer

Jeromaia Detto

Andrew McGrath

#### 2<sup>ND</sup> Kyu:

Rhys McCulloch

Allie Kuma-Marumo

#### 3<sup>rd</sup> Kyu:

Cassie Siko

Chasna Harper

Nathan Webster

#### 4<sup>th</sup> Kyu:

Masayuki Sakamoto

Paola De Araujo

Sharon Weickhardt

#### 5<sup>th</sup> Kyu:

Karen Irrgang

#### 6<sup>th</sup> Kyu:

David Thane

#### 7<sup>th</sup> Kyu:

David Pevzner

#### 8<sup>th</sup> Kyu:

Dean Catsaros

George Malesevic

Christopher Goutaman

#### 9<sup>TH</sup> Kyu:

Adam McGrath

Takuma Abe

Abbas Tefaili

Simon Noble

Reg O'Grady

Daniella Zak

Moritz Goll

Steven Duck

William Thai

Aaron Isaac

Ashkan Mohajer

Daniel Rogers

Takao Abe

Alex Pevzner

Peter Focas

Ysobel Jarjoura

Justin Ye

Brice Duggan

Maria Coleman

Nicholas Prince

Peter Moran

Indyana Schneider

Lisa Wachniewski

Grigorov Dimitry

Michael Williams

Jess Black

Sandra Martin

Amber Martin

Elizabeth Thai

Tomoki Miyoshi

Kengo Takahashi

Emmitte Jarjoura

Max Reinold

**A black belt is a white belt that never gave up.**

Terry Monahan	Reeve Lambert	Greg Reid
Elizabeth Ramsay	Alan Conolly	Vicky Teichman
Rebecca Ridhalgh	Jonathan Beral	Timothy Klapanov
Leana Sattarov	Oliver Stewart	Gregory Jacobson
Celeste Bernand-Chandler	Kieren Elliott	Ninelle Lopatinsky
Steven Buchanan	Christian Bustelo	

**10<sup>TH</sup> Kyu:**

Morgan O'Toole	John Neville	Anthony Bottomer
Zippora Rona	Jenny Binetta	Takumi Igarashi
Lucas Rusiecki	William Sexton	Eddy Whitehead

**Apologies:**

In the July issue, in the New South Wales AKKA Non Contact Karate Championships results, we failed to give third place to James Bretheton in the Male 13-15 Years Division. James is from the Bondi junction dojo.

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**This month's bad joke:**

Little Johnny watched, fascinated, as his mother rubbed cold cream on her face. "Why are you rubbing cold cream on you face, Mommy?" he asked. "To make myself beautiful," said his mother. A few minutes later, she began removing the cream with a tissue. "What's the matter?" asked Little Johnny, "Giving up?"

**This month's quote:**

Sometimes life can be petrifying- one becomes fearful of looking forward or backwards. That is when we realize, that if we look beside us, our friends are there.

**KIDS IN CHURCH:**

A. Sunday school class was studying the Ten Commandments. They were ready to discuss the last one. The teacher asked if anyone could tell her what it was. Susie raised her hand, stood tall, and quoted; Thou shall not take the covers off the neighbour's wife."

**Upcoming events:**

**NSW/ACT Non Contact Team Championships and Individual Kata Championships:**

31<sup>st</sup> October @ PCYC Bunnerong Road Daceyville. The event start at 11am

**One match Challenge:**

Each fight is for three rounds with all fights being matched fights. 21<sup>st</sup> November Magpies Football Club Hardwick Crescent Holt ACT. Contact Sensei Gibbons @ 02- 62551084

**New members to the Bondi Dojo:**

I would like to welcome the new members to the Bondi dojo: Yuko Tanimoto – Zip Rona– Christan Bustello – Artur Burznshi Jonathan Ulinder – John Rihari-Thomas – Robert Zats – David Hong – David Perrett – Margaux Corpe - Olivier Corpe – Michell Leslie – Renee Gapes – Peter Griffin – Harrison Stein – Jaokim Sundquist.

**Return to training:** It is great to see Gabbie Helmy, Micah Nafte and Geoff Matthews, return to training after a very long break. Welcome back guys.

**Donovan Pather**  
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**TOP 10 REASONS FOR BEING ENGLISH**

- 1: Two World Wars and One World Cup.
- 2: Warm beer.
- 3: You get to confuse everyone with the rules of cricket.
- 4: You get to accept defeat graciously in sporting events.
- 5: Union jack underpants.
- 6: Water shortages guaranteed every single summer.
- 7: You can imagine you are still a world power.
- 8: Bathing once a week - whether you need to or not.
- 9: Ditto changing underwear.
- 10: Beats being Welsh.

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**Kick the habit!:**

Lifelong smokers die 10 years earlier than non-smokers, according to a 50-year English study of more than 34,000 male doctors in the *British Medical Journal* in June. The CDC says the loss is even greater: 13.2 years for men who smoke, on average, and 14.5 years for women. But it's never too late to quit: the new English study found that smokers who quit at age 50 can expect to live 6 years longer than those who continue; smokers who quit at 60 gain 3 years. About half of all smokers are killed by their habit.

Source: Wellness Letter, Vol. 21, Issue 1

*Now let me see have I got this right?*



**GRADING SYLLABUS:**

With the September grading getting close, students should think about buying a grading syllabus. You will be sure exactly of what is required to get your next grade. At only \$15.00 and packed full of karate terminology as well as the grading syllabus up to San Dan, it is well worth the price.

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