



# KyokuSHIN Karate

Shihan Taylor's Branch - Australian Newsletter – shihantaylor@ozemail.com.au  
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## New South Wales Summer Camp:

The summer camp was once again a great success; with over 80 students attending it certainly was a busy weekend. As normal we all arrived in Friday night and as we expected the kids were so excited to be away from home they were running amok, never the less we finally managed to quieten them down, mostly by threats and intimidation. Of course the same kids were not so excited at 5.30pm when we had to get up for the 6am training session. "That" of course is the adult's revenge on the kids! The 6am is always a basic session and a chance to run over all of the basic technique. Then it is off to breakfast and as much as you can eat. The 10am class mainly consisted of kata, again checking of the basic kata to ensure every one is up to speed. Before we proceeded into splitting them up into grades, with the senior grades training session mainly consisting of pinan in Ura and Tate, with the new kata book available it was a great chance to make sure every one were doing the kata exactly the same and according to the kata book, by the time the two hour session was over it was a relieved lot that headed off for the kitchen and lunch. The afternoon session concentrated on Edojeko and more advanced technique. The Saturday night party was, as always a real funny night. The rules are that every one has to get up to tell a joke, sing or entertain in some way. It was a little hard to get it going but once started it was one of the funniest night I can remember at a camp. After such a long day of training, then the party, which the kids really got into, the rest of the night was quiet night for the kids, many of them actually went to bed without being told, which must have been a first for most of them. The following morning it was once again up at the crack of dawn for the 6am class, however with a grading on that afternoon the Sunday training concentrated on what was required for the grading. Although not every one at the camp was grading, every one still went through the grading requirements, no doubt happy to do so that they would be well prepared once their time came. The grading went for three hours and it was the results are as follows:

## February 2006 Green Belt & Over Grading:

### Shihan Taylor Branch

Graham Early	Nidan	Adelaide
Neil Birch	Shodan	Ballarat
Jessie Del Din	Shodan	Ballarat
Russell Walker	Shodan	Ballarat
Wendy Walsh	Shodan	Sydenham
Daniel Maika	Shodan	Ballarat
Damien Cameron	Shodan	Ballarat
Sam Clark	Shodan	Sydenham
Gary Picker	Shodan	Charnwood
Christopher Masters	Shodan	Bondi
Jeromaia Detto	Shodan	Bondi
Andrew McGrath	Shodan	Bondi
Tod Gallagher	1 <sup>st</sup> Kyu	Queanbeyan
Anthony Barry	1 <sup>st</sup> Kyu	Queanbeyan
Michelle Langsam	1 <sup>st</sup> Kyu	Charnwood
Indyana Schneider	1 <sup>st</sup> Kyu	Bondi

Steve Duck	2 <sup>nd</sup> Kyu	Mt Druitt
Alexander Weinhardt	2 <sup>nd</sup> Kyu	Charnwood
Anna Mason	2 <sup>nd</sup> Kyu	Charnwood
Chasna Harper	2 <sup>nd</sup> Kyu	Bondi
George Tanevski	3 <sup>rd</sup> Kyu	Charnwood
Aaron Isaac	3 <sup>rd</sup> Kyu	Bondi
Nicholas Simmonds	3 <sup>rd</sup> Kyu	Charnwood
Thomas Derricott	3 <sup>rd</sup> Kyu	Bondi
Rachel Ginges	3 <sup>rd</sup> Kyu	Bondi
Paul Wyner	3 <sup>rd</sup> Kyu	Bondi
Sandra Martin	3 <sup>rd</sup> Kyu	Mt. Druitt
Siegfried Szlagowski	3 <sup>rd</sup> Kyu	Mt. Druitt
Jake Szlagowski	3 <sup>rd</sup> Kyu	Mt. Druitt
Robby Baxter	4 <sup>th</sup> Kyu	Charnwood
Andrew Leith	4 <sup>th</sup> Kyu	Bondi
Hide Hagiwara	4 <sup>th</sup> Kyu	Bondi
Takao Abe	4 <sup>th</sup> Kyu	Bondi
Reece Everist	4 <sup>th</sup> Kyu	Charnwood
Sacha Morissey	4 <sup>th</sup> Kyu	Charnwood
Ebony Grech	4 <sup>th</sup> Kyu	Charnwood
Sarah Morissey	4 <sup>th</sup> Kyu	Charnwood
Rebecca Pinter-Swann	4 <sup>th</sup> Kyu	Charnwood

## Sydney's Eastern Suburbs 2006 March Grading:

### Shihan Taylor Branch

Elizabeth Thai	4 <sup>th</sup> Kyu	Bondi
David Pevzner	6 <sup>th</sup> Kyu	Bondi
Alex Pevzner	6 <sup>th</sup> Kyu	Bondi
James Bretherton	6 <sup>th</sup> Kyu	Bondi
Max Reinold	7 <sup>th</sup> Kyu	Bondi
Emmitt Jarjoura	7 <sup>th</sup> Kyu	Bondi
Justin Ye	7 <sup>th</sup> Kyu	Daceyville
Christopher Goutama	7 <sup>th</sup> Kyu	Daceyville
Geoff Mathews	7 <sup>th</sup> Kyu	Bondi
Joanne Lindsay	7 <sup>th</sup> Kyu	Bondi
Oliver Stewart	7 <sup>th</sup> Kyu	Bondi
John Neville	8 <sup>th</sup> Kyu	Bondi
Greg Reid	8 <sup>th</sup> Kyu	Bondi
Terry Morahan	8 <sup>th</sup> Kyu	Bondi
Vicky Teichman	8 <sup>th</sup> Kyu	Bondi
Mat Reeder	8 <sup>th</sup> Kyu	Bondi
Christopher Kobari	8 <sup>th</sup> Kyu	Bondi
Tomasz Tracewski	8 <sup>th</sup> Kyu	Bondi
Samuel Warriner	8 <sup>th</sup> Kyu	Daceyville
Michael Wong	9 <sup>th</sup> Kyu	Bondi
Renee Gapes	9 <sup>th</sup> Kyu	Bondi
John Rihari-Thomas	9 <sup>th</sup> Kyu	Bondi
Jenny Bineter	9 <sup>th</sup> Kyu	Bondi
Raphael Burkart-Radtke	9 <sup>th</sup> Kyu	Bondi
Quentin Liew	9 <sup>th</sup> Kyu	Bondi
Mohammed Ali	10 <sup>th</sup> Kyu	Bondi
Johnny Rydge	10 <sup>th</sup> Kyu	Bondi
Danielle Hinwood	10 <sup>th</sup> Kyu	Bondi
Harrison Stein	10 <sup>th</sup> Kyu	Bondi
Lucas Bollard	10 <sup>th</sup> Kyu	Daceyville

**A black belt is a white belt that never gave up.**

## Cash is not inspirational

A recent Spring Australian Pleasure Survey commissioned by online "Gift-Giving Service" found that paying cash bonuses to reward employees is bad for staff. The online survey of 2,169 respondents found that people come to depend heavily on bonuses, viewing them as a supplementary salary to which they are entitled to receive in order to pay their bills. But then they feel like they still haven't been rewarded. If circumstances dictate you must eliminate, reduce or just not increase the payment, much resentment is created. Ironically, what respondents don't spend their bonus on - holidays - is what really inspires people. When asked what gift they would most like to receive, 89.0% nominated a weekend getaway with their partner.

The survey found bonuses:

Are uncommon

- Only 32.4% receive bonuses.
- More men receive bonuses than women (38.8% vs 30.7%). Create expectations - and resentment
- 67.5% said they would be disgruntled if their bonus was not paid.
- More men than women would be disgruntled if their bonus was not large enough (60.1% vs 53.5%).
- Only 35.3% of all respondents would not expect their bonus to increase, are used for bills
- 71.9% believe that bonuses are chewed up in tax or bills.
- 60.3% use bonuses for credit cards, mortgage, car, household bills, savings, home deposit, or investments.

Cost too much

- 41.3% of men and 25.6% of women expect bonuses to equal 10% or more of their salary.
- Only 14.5% expect non-cash gifts such as a weekend getaway to equal the same proportion.

Don't motivate people

- Only 17.3% would stay at a job they hated just to get their bonus.

Consider rewarding your people with non-cash gifts they can enjoy with their family and friends. Delighting them with a weekend away or a dinner for two will create great conversations about your company that cold, hard cash can never generate. This article was sourced from Naomi Simson, the Chief of Experiences at RedBalloon Days - the online gift-giving service.

## GRADING SYLLABUS:

With the student working toward the June grading, they should think about buying a grading syllabus. You will be sure exactly of what is required to get your next grade. At only \$15.00 and packed full of karate terminology as well as the grading syllabus up to San Dan, it is well worth the price.

### This month's quote:

"It isn't how old you are, it's how bold you are"

### Great Quotes by Great Ladies!

If you can't be a good example, then you'll just have to be a horrible warning. Catherine-

### This month's bad joke: -

### Head Line News:

Palace Sources in London say Camilla is happy to marry the heir to the Throne, but she has turned down the Queens offer of a weekend in Paris, with her own car and driver...

**New members: I would like to welcome the new members the dojo:** Masih Kheradi - Debbie Casey - Lena Low - Ford Miskin George Dzer - Aidan Owens - Harry Kelso - Igor Zemtchenko Ryan Helm - Dylan Fitzsimmons - Adrian Webster Adam Lee Maryanne Alexander - Frances Winters Juliet Warwick - Kenta Horikoshi - Elijah Wickfremasuruya Oliver Walsh - Henri Scott- Jasmine Lagudi - Rocky Lagudi Simone Lagudi - Jae-Kook Chun - Lotos Vargo  
**Welcome back** to training Jennifer Long, after a long break to complete her studies..

### Upcoming events:

**2005 NSW Open Kyokushin Full Contact Championships: Sunday 1<sup>st</sup> May: -**

**West's Illawarra Leagues Club Hargrave Street Unanderra.**

The event is open to all styles and martial arts. For applications contact Shihan Taylor at: [shihantaylor@ozemail.com.au](mailto:shihantaylor@ozemail.com.au)

**2005 NSW Open Kyokushin Non Contact Championships: 22<sup>nd</sup> May PCYC Bunnerong Road Daceyville: -**

The event is open to all styles and martial arts. For applications or rules contact Shihan Taylor at: [shihantaylor@ozemail.com.au](mailto:shihantaylor@ozemail.com.au)



"Are you sure this is how Bruce Lee got started?"

**Shodan essay: Why karate?** I started my journey late in life; I needed direction and found it in karate. I will never be a champion fighter or the best of the best but I will be the best I can. I want to train my body to its full potential so as not to waste the precious gift of life. When I started karate I thought my journey would be complete at shodan level, I now understand the journey begins at shodan. Why do I want Shodan? The belt is a reflection of the level I have achieved and having reached this level I now know I have just begun to learn karate. I can execute most techniques but being able to instantly and effectively apply them in combinations will only be accomplished with practice. I admire those that have achieved this. After training for an hour and a half sweating, listening, thinking, being screamed at to move faster, kiai, acknowledge etc. I push myself out of my comfort zone and raise my own expectations. I stop after controlled chaos; I am left calm, the adrenalin rushing through my body. I don't want to fall in a heap and rest. I want the next class to begin. I have been teaching karate since third Kyu purely by default. The instructor left and having a class of 8 students I didn't want them to have to quit so I continued teaching them to the best of my knowledge. Over the last 3 years my knowledge and my teaching abilities have increased. My class is now 20 strong and growing every month. I look at my students and I know I'm enhancing their lives by teaching a martial art. They leave the class pumped and happy, they feel good about themselves. By teaching I'm showing them a way in life that is good. So it is important to myself and my students to continue my journey staying open minded, eager to learn, happy to teach. OSU Sempai Wendy Walsh – Sydenham dojo Victoria

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