



Kyoku**SHIN** Karate

Shihan Taylor's Branch - Australian Newsletter – shihantaylor@ozemail.com.au
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New South Wales Full Contact Championships: (part two)

The semi in the Male Lightweight Open Division saw Bondi Junction's Masayuki Sakamoto up against Zen Chi Kai fighter Brad Casey. Brad moved with lots of speed, but Sakamoto had the power. Strong low kicks slowed Brad down enough for Sakamoto to use his power to better advantage, so when it was put to the judges they went for Sakamoto.

The Semi Final of the Female Open Division saw Bondi Junction fighter, Chasna Harper taking on Ballarat's Megan Hardy. This was speed against speed with both fighters being super quick, however the judges thought that Megan was the better of the two and put their flags up accordingly. The other Semi in this division was between another Bondi Junction fighter Sue Albert and Amanda Phillips from the Glen Fuz Kyokushin dojo. Sue, as always, gave it 100% but could not match the power of Amanda who went through to the final. The Male Open Middleweight Division had Jason Baltovska from the Unanderra dojo, matching it with Bondi Junction's Tsuyoshi Yamaguchi. Tsuyoshi was happy to mix it with Jason and they both produced some big hits and lots of toe-to-toe fighting. In the end, Jason proved just too strong and won on the flags.

The Male Heavyweight Division had many very strong fighters. Anthony Barry from the Queanbeyan dojo was expected to do well, but had to take on Mark Wybrow, a Taekwondo fighter from Sensei Rolly Tandang dojo in Orange. Lack of tournament experience did not seem to handicap Mark who was holding out Anthony's very strong attack. With neither fighter able to get a point, it was put to the judges, who went for Mark. Michael Archer from the Unanderra dojo was determined to get into the semi finals but had to get past the very experienced Andre Nakad. Michael put up great fight but Andre's experience proved to be a match winner. Peter Moran, an AKKA fighter from Tuggernong dojo used his weight very effectively against Mt. Gambier's Robert Povey. Robert however was too smart to mix it with his much heavier opponent and stuck to the tactic of hit and move, which proved successful for him. The semi final of the division saw Mark Wybrow up against the Geelong AKKA fighter, Dean Treloar. Dean was expected to win but Mark again proved too strong for his opponent. Still in the Male Open Heavyweight Division, Andre Nakad had to take on Robert Povey. Andre's powerhouse low kick proved a winner and the judges put Andre though into the final.

The finals got off to a great start with the Female 16-17 Years Division, Zen Chi Kai's Karina Wolvey was up against Ballarat's Shannyn John Johnstone-Ward. It was a very tough bout with both girls fighting to exhaustion. It was left to the judges who gave the title to Shannyn. The final of the Male 17-17 Years Division had Suchet Bargoti from Shihan Lipman's dojo up against David Love from Sensei Gibbons dojo. The two fighters could not be separated and the bout went to an extension. By now both fighters had nothing left, but David managed to summon one last attack and scored a KO win with a

low kick.

The Male Lightweight Yellow Belt Division final between Adam Rorke and Derek Grima was a torrid fight with Derek being awarded the win. The Male Yellow Belt Middleweight Division final between Dylan Jusufi and Corey O'Neil was an exciting bout and headed for a draw decision when Dylan punched Corey in the face, resulting in him getting a point deducted and an almost certain loss. However, Dylan went on the attack and scored with a KO kick to the leg giving him the title.

The Female Heavyweight Yellow Belt Final had Stephanie McBurney from the Peter Moran Tuggernong dojo fighting Parkes Laura Symonds. Stephanie was smart enough to use her extra weight to good advantage, but Lauren was just as smart and used her better technique to gain the upper hand and the win.

The Male Heavyweight Yellow Belt Final had Daniel Jubbink, another fighter from Shihan Lipman dojo, had to take on the tough Charbel Youssef. Daniel fought hard but Charbel's bulldozing tactics kept Daniel on the back foot and giving Charbel the win.

The Male Middleweight Green Belt Division Final was the shortest fight of the day when Joseph Youseff scored a low kick for a KO win against Ronald Khighlighton.

The Heavyweight Green Belt final between Artur Burzynski and Jason Walker from Ballarat had all the ingredients of a great match and it was a very close call for the judges, but Artur had let go with some very good roundhouse kicks followed by some very strong body punches that were enough for the judges to give him the win.

The Female Open Lightweight Final saw Amanda Phillips taking on Megan Hardy. Megan is future champion but lacked the experience to beat Amanda, who just kept up a constant attack.

In the Male Lightweight Open Final, Michael Fisher took on Masayuki Sakamoto. Michael's footwork proved to be an effective counter to the Sakamoto attack and the judges put them into an extension. Sakamoto then picked up the pace and the higher work of Sakamoto gave the judges enough reason to make him the champion.

The Male Middleweight Open Final had Bondi Junction fighter Simon Noble up against Jason Baltovska. It was a fairly even fight, however, Jason was the better of the two when it came to the kicks and this may have been what the judge's saw giving Jason the win.

The Female Heavyweight Open Final saw Nicole McDerby from the Sensei Gibbons dojo matched up against Natalie Rolfe from the Parkes dojo. This was a great contest of style with Nicole using her much longer range kicks against Natalie, who would close the gap and use punches to good effect. Nicole's great kicks had her looking good when the Judges were ask to decide and they awarded the win to Nicole.

The final bout of the day was the Male Heavyweight Open Final, and it was well worth the wait with Andre Nakad taking

A black belt is a white belt that never gave up.

on Taekwondo fighter, Mark Wybrow. Mark put in a great effort taking the fight to Andre, but Andre is too tough, too strong and too experienced to lose in a final and scored with a very strong low kick that put Mark out of the match giving the title to Andre.

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Now let me see have I got this right?



GRADING SYLLABUS:

With the student working toward the June grading, they should think about buying a grading syllabus. You will be sure exactly of what is required to get your next grade. At only \$15.00 and packed full of karate terminology as well as the grading syllabus up to San Dan, it is well worth the price.

Health spot:

The Women's Health Initiative, the large study that led many women to stop using hormone replacement therapy, has now produced good news about another form of hormone - the birth control pill. It found that the **Pill actually decreases the risk of heart disease and stroke slightly**, and does not increase the risk of breast cancer. Previous studies had suggested that the Pill boosts these risks. The new research also confirmed that the Pill reduces the risk of ovarian and uterine cancer substantially.

This month's quote:

There is on escaping constant practice.

Great Quotes by Great Ladies!

I'm not offended by all the dumb blonde jokes because I know I'm not dumb And I'm also not blonde. Dolly Parton-

New members: I would like to welcome the new members the dojo: Cloe McGreachie - Adam Lackey - Siesha farmer - Remie Bampton - Bill, Kosta & Despana Batsikas

Welcome back to training: Sempai Stern, after a long break.

Upcoming events:

2005 Australian pen Kyokushin Championships:

Australian Non Contact Kyokushin Championships:

Saturday 6th August

Australian Full Contact Kyokushin Championships:

Sunday 7th August.

IKF 3rd World championships:

Saturday 8th October 2005 Crystal Palace National Sports Centre, Ledrington Road, London, SE19 2BB,

Things Kids say:

A wife invited some people to dinner. At the table, she turned to their six-year-old daughter and said, "Would you like to say the blessing?" "I wouldn't know what to say," the girl replied. "Just say what you hear Mommy say," the wife answered. The daughter bowed her head and said, "Lord, why on earth did I invite all these people to dinner?"

This months bad joke:

Jim and Edna were both patients in a mental hospital. One day while they were walking past the hospital swimming pool, Jim

suddenly jumped into the deep end. He sank to the bottom of the pool and stayed there. Edna promptly jumped in to save him. She swam to the bottom and pulled Jim out. When the medical director became aware of Edna's heroic act, he immediately ordered her to be discharged from the hospital as he now considered her be mentally stable. When he went to tell Edna the news he said, "Edna, I have good news and bad news. The good news is you're being discharged, since you were able to rationally respond to a crisis by jumping in a saving the life of another patient. I have concluded that your act displays sound mindness. The bad news is, Jim, the patient you saved, hung himself right after you saved him, with his bathrobe belt in the bathroom. I am so sorry, but he's dead." Edna replied "He didn't hang himself..... I put him there to dry."

Shodan essay: Kyokushin Karate:

My shodan essay by Daniel Makia

Over the years I've been training Kyokushin has pushed me well beyond hat I conceived to be my limit. This has given me the heart and the strength of character to see that there really is no task or situation to difficult for oneself. Kyokushin has given me the trust and confidence in myself to make a decision and stick to it knowing whatever the outcome I will get through it. It has also given me humility to admit when I am wrong Kyokushin has given me discipline and self motivation that has flowed into my everyday life with many positive results. Kyokushin has given me friends and training partners all over the country, from which comes a network of great support. Kyokushin has given me comfort, in knowing if I had to fight in any form to protect my family, myself, or the ones I hold close, its given me tools and knowledge that will serve me well. For all that Kyokushin has given me I am grateful and I believe that it is now my duty to give back and pass this on to others. A Shodan grade will give me the ability to do this to my full capacity. Daniel Maika

BEGINNER TO BLACK BELT" KYOKUSHIN KATA.

A KYOKUSHIN KARATE MANUAL WITH OVER A 100 PAGES OF KATA WITH COMPLETE AND DETAILED EXPLANATIONS, INCLUDING THE CORRECT COUNT FOR KYOKUSHIN KATA

A COMPREHENSIVE BOOK THAT TAKES A STUDENT FROM "BEGINNER TO BLACK BELT" BY SHIHAN JOHN TAYLOR

KATA INCLUDED:

Taikyoku ichi (ni) & San - Taikyoku sokugi Ichi, Ni, San & Yon
Pinan Ichi, Ni, San, Yon & Go - Tsuki No Kata - Gekisai Dai,
Gekisai Sho - Yantsu - Tensho - Saiha - Sanchin
Sanchintensho - Seipai

Postion vacant: (Sydney)

We are looking for another admin girl to support the sales team. She will be working with Kelly & Tammy & the role does not require a licence or certificate of registration. It will entail e-mailing, marketing, typing, database management, editorial submission & putting together submissions etc We want a younger person who can be a team player & who wants a permanent position If you know or could recommend anybody, I'd appreciate it. Ready to interview asap Hope you can assist or if not, feel free to pass this around. They can contact me or Kell directly by phone or email **Peter Malouf**
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