



Kyoku**SHIN** Karate



Shihan Taylor's Branch - Australian Newsletter – shihantaylor@ozemail.com.au

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IKO-Matsushima Organisation From Shihan's desk

The Year of the IKO-Matsushima World Cup – 4th & 5th November Sydney Australia

Kyokushin 50 Man Kumite Test:

Kyokushin 4th Dan and AKKA and Canberra Chief Instructor Glen Gibbons became only the 12th Person in Australia to complete the Kyokushin 50 man kumite test, which without doubt is one of the most difficult and grueling tests in the Kyokushin system, which is famous for its no non nonsense tough fighting and not something that should be attempted without a great deal of consideration and is most certainly not for the fainthearted, as Glen was about to find out! From the very outset, the Kyokushin fighters who made to trip to Canberra to be part of this historic event were in no mood to extend sympathy or make the task at hand any easier for Sensei Gibbons. Every fighter took the fight up to him with very strong attacks and vigour that very quickly made Sensei Gibbons aware of the long road that lay ahead. By the time the 20th fight had come and gone, Sensei Gibbons was already starting to show wear and tear along with a few injuries from the constant attack and the constant hits he was taking. Nevertheless Sensei Gibbons knew that if he was going to survive he would need to take the fight to his opponents otherwise the constants pounding would eventually cause his downfall, as each hit leaves its mark and slowly wears out the best of fighters. With that in mind Glen managed to fight his way through to the 30th fight, but it was a very tired and injury packed Sensei Gibbons that headed into the last 20 fights.

Those who attempted this feat will tell you this is the danger time, as even blocking become a painful experience and it ceases to become a physical challenge but more about the mental challenge and determination to stay on your feet and fight back regardless of the pain. At the end of the 40th fight Glen was now suffering major injuries and by now even moving was difficult, but even in his tired and confused state of mind he knew that if he stopped moving the hits would find their mark more often and with more power. With the end in sight Glen had to call on every ounce of power and determination he had to be still standing at the 50th fight so that the test would be declared successful. The mind can be very strong and being so close to the end seemed to lift him once again and his own attack picked up. No doubt his body would be screaming for him to stop, but his mind was strong enough to take him through to the 50th fight and success.

New members: I would like to welcome the new members to the dojo: Jackson Bryne – Kazuya Fukaya – Shin Yoshida

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This month's bad joke:

A Russian couple were walking down street in Moscow one night when the man felt a drop hit his nose. The husband said to his wife, "I think it's raining." The wife replied, "No, that felt like snow to me, dear." The husband said, "No, I'm sure that it was just rain." They were about to have a major argument about whether it was raining or snowing. Just then, they saw a minor communist party official walking towards them. The husband said, "Let's not fight about it. Let's ask Comrade Rudolph whether it's officially raining or snowing." As Comrade Rudolph approached, the husband said, "Tell us, Comrade Rudolph, is it raining or snowing?" Comrade Rudolph answered, "It's raining, of course." As Comrade Rudolph walked away, the wife still insisted that it was snowing. The husband finally said, "you are wrong. Rudolph the Red knows rain, dear."

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Early Morning Class:

We now have a 6am class at the Bondi Junction dojo on Tuesday and Thursday for those that LIKE AN EARLY START. The class is run by Sempai Volkerts

Things kids say:

little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because, even though it was a very large mammal, its throat was very small. The little girl stated that Jonah was swallowed by a whale. Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl said, "When I get to heaven I will ask Jonah". The teacher asked, "What if Jonah went to hell?" The little girl replied, "Then you ask him".

"2006 Upcoming events":

26th – 28th May

5th June

6th June

5th August

National AKKA Camp - Gold Coast

Bondi Junction grading

Bondi Beach grading

Australian Kyokushin Open Non

Contact Championships - South

Sydney Junior Leagues Club

Australian Kyokushin Open Full

Contact Championships - South

Sydney Junior Leagues Club

NSW Spring Camp & Green Belt &

Over grading

11th September

Bondi Junction Under Green belt
grading

A black belt is a white belt that never gave up – Just enjoy the journey

12th September	Bondi Beach Under Green belt grading
16th September	Mt Druitt grading
8th October	NSW Non Contact Teams and Individual Kata Championships
4th & 5th November	2006 World Cup -Karate Full Contact Championships Entertainment Centre Sydney
4th December	Bondi Junction Under Green belt grading
5th December	Bondi Beach Under Green belt grading
9th December	Mt Druitt grading
22nd December	Bondi Junction last training for 2006 – End of year dojo photographs

This month's quote: "I always know what I am doing when I am not doing it? –Sempai Wendy Walsh

Results of the NSW Championships out next issue:

2006 NEW SOUTH WALES INDIVIDUAL NON CONTACT CHAMPIONSHIPS

RESULTS:

Male Open:

1 st Place:	Justin Munro	Charnwood
2 nd Place:	Ronald Chand	Mt. Druitt
Equal 3 rd Place:	Timothy Ellis	Budoshinkai Karate-Jitsu
	George Tanevski	Charnwood

Female Open:

1 st Place:	Nicole McDerby	Charnwood
2 nd Place:	Shannon Walker	Charnwood

Male 5th Kyu & Under:

1 st Place:	Antione Vincent	Currans Hill
2 nd Place:	Andrew Dagg	Currans Hill
Equal 3 rd Place:	Jaokin Sundquist	Bondi Junction
	Ron Clarke	Illawarra dojo

Female 5th Kyu & Under:

1 st Place:	Jessica Joss	Charnwood
2 nd Place:	Norelle Letby	Currans Hill
3 rd Place:	B. Russoniello	Illawarra

Male 16 & 17 Years:

1 st Place:	Brice Duggan	Bondi Junction
2 nd Place:	Justin Ascone	Budoshinkai Karate-Jitsu
3 rd Place:	David Janson	Budoshinkai Karate-Jitsu

Female 16 & 17 Years:

1 st Place:	Allie Matuma	Charnwood
2 nd Place:	Sonja Stojl Sanja	Kempo Ryu

Male 13 – 15 Years:

1 st Place:	Alireza Darabi	Kempo Ryu
2 nd Place:	Alexander Le	Kempo Ryu
Equal 3 rd Place:	Eric Koolbanis	Kempo Ryu
	Daniel Schmidt	Currans Hill

Female 13 – 15 Years:

1 st Place:	Sacha Morrissey	Charnwood
2 nd Place:	Rebecca Pinter	Charnwood

Male 10 -1 2 Years:

1 st Place:	Mitchell Kelly	Currans Hill
2 nd Place:	Aaron Isaac:	Bondi Junction
Equal 3 rd Place:	Nathan Hamilton	Illawarra
	Raymond Letby	Currans Hill

Female 10 -1 2 Years:

1 st Place:	Corrina Garcia	Kempo Ryu
2 nd Place:	Elizabeth Thai	Bondi Junction

Equal 3 rd Place:	Alicai Jenson	Illawarra
	Jovaana Stojokov	

Male 8 & 9 Years:

1 st Place:	Eden Jenson	Illawarra
2 nd Place:	George Dzero	Bondi Junction
Equal 3 rd Place:	Jin Kata	Kempo Ryu
	Chris Kypeos	Kempo Ryu

Female 8 & 9 Years:

1 st Place:	Adelaid Hagraves	Bondi Junction
2 nd Place:	Jasmine Lagudi	Bondi

Male & Female 7 Years & Under:

1 st Place:	Jayden Bitmead	Currans Hill
2 nd Place:	Chantele Rangiawha	Bondi Junction
Equal 3 rd Place:	Harry Kelso	Bondi
	George Tsegos	Bondi Junction

YEAR OF 1902:

This ought to boggle your mind, I know it did mine! The year is 1902, one hundred years ago ... what a difference a century makes. Here are the U.S. statistics for 1902.....

The average life expectancy in the US was forty-seven (47).

Only 14 Percent of the homes in the US had a bathtub.

Only 8 percent of the homes had a telephone.

A three-minute call from Denver to New York City cost eleven dollars.

There were only 8,000 cars in the US and only 144 miles of paved roads.

The maximum speed limit in most cities was 10 mph.

Alabama, Mississippi, Iowa, and Tennessee were each more heavily populated than California. With a mere 1.4 million residents, California was only the 21st most populous state in the Union.

Tips: How to get into your martial arts and achieve results:

1. **Start by making the commitment.** Begin change by making a commitment to yourself and writing it down.
2. **Get a friend involved.** Going it alone is always harder, so share your sporting involvement with a friend or your family.
3. **Discover where you are now.** Assess where you are now in relation to your goal. Reviewing your progress using self assessment techniques or by seeking professional help.
4. **Start gradually.** It will take time to achieve your potential. Be patient. Set challenging and motivating goals.
5. **Get good advice.** Seek help only from those who can offer sensible and reliable advice.
6. **Have a plan.** Plan for success by making plans to achieve your goals review and modify your plans frequently.
7. **Grow your passion.** Sport must be fun; find ways to increase the fun. Read about your sport, talk about it, dream about success.
8. **Monitor and reward your progress.** As you improve, reward yourself.
9. **Make it part of your life.** Make your training and competition part of your everyday life.
10. **Tell every one how great you feel.** Encourage others to get into the martial arts.
11. **Accentuate the positive.** Who you spend time with determines how you feel. Seek out positive people and be positive yourself.

Contributions to the "SHIN"

All contributions welcome and should be emailed to:

shihantaylor@ozemail.com.au

A black belt is a white belt that never gave up – Just enjoy the journey