



KyokuSHIN Karate

Hanshi Taylor's Branch - Australian Newsletter – shihantaylor@ozemail.com.au
Issue September 2008 IKO-Matsushima Organisation From Hanshi Taylor's desk



2008 World Championships- 29th & 30th November (Japan):

This event is coming up fast, any one who would like to go can contact Sensei Yoshida at ken_yoshida@nta.com.au the tour departs on the 27th November and depending if you are doing the full tour or not will arrive back in Sydney on the 9th December.

The Australia team is as follows:

Jason Walker
Ronald Chand
Troy Winn
Dean Hinch
Luke Argento
Brad Cook
Jacob Barnes
David Avola
Robert Povey
Nicole McDerby
Jessica Delaney
Monica Baltovska
Katie Hall
Loura Symonds
Norelle Letby
Avril Gill
Rietti Leperen
Shannon Johnstone-Ward

Guirie:

There is a Japanese word that means loyalty and sense of duty I believe it is "Guirei". An example of that philosophy would be "how do you repay your parents for giving the Gift of life? When you turn 21, do you write them a cheque for \$20,000.00 and say we are even, "no" you repay your parents by living a good life, a life they can be proud of, a life that brings a good image to your family and your families good name. The idea of "GUIREI" now seems foreign to most people, perhaps even in Japan. We see students come up to black belt and open a dojo across the street from his teacher, that teacher more than likely put his heart and soul into teaching that student - there is no Guirie here. If we all lived by guirie the world would certainly improve. My teacher, Shihan Kato and Kyokushin as given me a huge amount in my life, so my guirie is to repay him and Kyokushin to the best of my ability.

NSW Non Contact Team & Kata:

It was once again a great day with 42 team taking part and a huge kata list, however I should say from the outset that the kata, with a few noticeable exceptions was very poor. We do not charge an entry fee for the kata as long as you are in one of the kumite teams and I think because of that, many students go into the kata simply because they can do it at no cost and who knows "They may get lucky" This kind of competitor invariable does it badly and does not contribute to that section of the event by being there. However the fighting was high class with some spectacular action for the whole day. To cut out all of those who "just give it a go" we are going to have an extra charge for the kata next year and we will also be bringing in a "Team" kata competition in, all in an effort to get many of you serious about the kata competition.

The 2008 Kumite team and Individual kata results are:

Male Open:

1st Place: Bondi slickers
2nd Place: Team Ichi Hgeki

Female Open:

1st Place: Bondi Chicks
2nd Place: Cute Chicks

Male 5th Kyu & Under:

1st Place: Coogee Cougars

Individual Female 5th Kyu & Under Division:

1st Place: Joy Cheng
2nd Place: Katelyn McInnes

Individual Male 16 & 17 Years:

1st Place: Cody Rodgers

Individual Female 16 & 17 Years:

1st Place: Karina Narayan

Female 13 – 15 Years:

1st Place: Illawarra Physcos

Male 13 – 15 Years:

1st Place: Teenage Mutant Ninja Tigers
2nd Place: Bondi Bulls

Male 10 – 12 Years:

1st Place: Young Tigers
2nd Place: Bondi Ninjas

Female 10 - 12 Years:

1st Place: Bondi Blue Dragans
2nd Place: Coogee Cats

Male 8 7 9 Years:

1st Place: Bondi Bashers
2nd Place: Mt. Druitt Samurai's

Female 8 & 9 Years:

1st Place: The Morrissey's
2nd Place: The Rabbitohs

Male & Female 7 years & Under:

1st Place: Team Cheeeky
2nd Place: Bondi Leopards

Kata Divisions:

Male Open;

1st Place: Ronnie Chand
2nd Place: Jed Whittacker

Female Open:

1st Place: Sacha Morrissey
2nd Place: Chantelle Gibson

Male 13 -16 Years:

1st Place: Andrew McGrath
2nd Place: Jonathan Pacchiarotta
Equal 3rd Place: Raymond Letby & Peter Khonke

Female 13 – 16 Years:

1st Place: Karina Narayan
2nd Place: Laura Matthews
3rd Place: Kimberly Darby

Male 12 Years & Under:

1st Place: Daniel Schneider
2nd Place: Christopher McGrath
3rd Place: Sam Najafi

Female 12 Years & Under:

1st Place: Rachel Morrissey
2nd Place: Ashley McGrath
3rd Place: Atusan Rastegan

A black belt is a white belt who never gave up – Just enjoy the journey

THIS MONTHS QUOTE:

"Go confidently in the direction of your dreams! Live the life you've imagined." Henry David Thoreau

Congratulations to Carfian and Yuli on the birth of their daughter Abigail, who came into this world on the 9th August at a very healthy 3.2kg.

NEW BONDI MEMBERS:

I would like to welcome the following new members to the Bondi dojo: Ridley Owens – John Ede-Clendimen – Mark Prout – Hansen Ang – Gelcimar Freire – Luke & Hannah Farrow – Scout King – Liam Smith – Timothy Collins – Cameron & Madison Cooney – Kristin & Nicholas Lowe – Kate Anstee – Fox Bengtssen – Richard Krochmalik – Gemma Richer – Joaquim Sai.

Returned to training:

I would also like to welcome back Ian King after a long break from training.

Apologies to Breana Palmer for a mistake in the National Non Contact results for not having her listed as winning the 8 & 9 Years Female Division. Breana is from the Young Tigers dojo in Smeatons Grange and a true Young Tiger she is.

Also to Esther Wijaya for miss-spelling her name in the last issue.

REVERSE PUNCH:

You have heard your instructor tell them "if you want more power then rotate the hips and body" Well a recent article on baseball throwing and striking concluded that "Throwing with the opposite arm and leg allows pelvis and trunk rotation, increasing throwing speed" They discovered that the throwing action can be performed with just the arm, the same side leg and arm going forward (described as ipsilateral): or with the opposite arm and leg (contralateral) and the stepping action of either leg result in an increased speed of the trunk and pelvis and the faster the stepping action the faster is the velocity. **We could have told them that and saved them a lot of money...**

FOR SALE:

Rhino heavy duty Roof rack & steel basket Bushranger Rack sack \$400.00 for the lot. Please call - Ray Letby Mob: 0417 226 926

JARGON BUSTER:

Fast-Twitch muscles fibres: Contact two to three time faster than slow-twitch fibres

Adelaide Dojo New Year Picnic:

WHEN: Saturday 31st January
WHERE: Virgara Winery Heaslip Road Angle Vale
TIME: 10am – BBQ 1.30pm
BRING: Dogi – hat – Sunglasses – Sunscreen lotion. Footwear & Picnic stuff.
CONTACT: Sempai Oxenham – 040109 7329.
BOOKINGS: By the 24/01/09

THIS MONTHS BAD JOKE: SPEEDING TICKET

A police officer stops a blonde for speeding and asks her very nicely if he could see her license. She replied in a huff, "I wish you guys would get your act together. Just yesterday you take away my license and today you expect me to show it to you!"

AKKA 2008 Calendar:

29th & 30th November - 2008 World Championships – Japan

2009 Calendar:

13th - 14th & 15th March:

NSW Summer Camp & Grading

Sunday 5th April:

NSW Individual Non Contact Championships

10th May:

NSW Full Contact - (provisional date)

Sunday 14th June:

NSW Non Contact Teams and Kata

Saturday 8th August: National Non Contact

Sunday 9th August: National Full Contact

11th - 12th & 13th September: NSW Spring Camp

4th October: Riverina Championships: Full & Non Contact

NOW INCLUDES A KATA DVD:

A Kyokushin Karate Manual with over 100 pages of Kata with complete and detailed explanations, including the correct count for Kyokushin Kata. A comprehensive book that takes a student from "beginner to black belt" by Hanshi John Taylor

Kata included:

Taikyoku ichi & San -Taikyoku sokugi Ichi, Ni, San & Yon Pinan Ichi, Ni, San, Yon & Go - Tsuki No Kata - Gekisai Dai, Gekisai Sho - Yantsu – Tensho – Saiha – Sanchin Sanchintensho – Seipai.

Cost: Australia: \$35.00 (plus postage \$5.00)

International: US\$35.00 (plus postage \$10.00)

Instructor's discounts available

Ebay: Kata book, World Kyokushin Championships DVD (5 set) and grading syllabus are all available on Ebay: Due to the cost of International bank transfers, some may prefer to purchase the book from Ebay. You will need these details: The Ebay user name is dougo177

The link is <http://stores.ebay.com.au/strongestkarate>

Grading Syllabus:

Students working toward gradings should think about buying a grading syllabus. This way you will be sure of exactly what is required to get your next grade. At only \$20.00 the newly printed syllabus is in two parts (booklets), the first part is packed full of karate techniques and diagrams and the second part contains the requirements and terminology up to San Dan. The syllabus can be obtained through your AKKA dojo The syllabus can be ordered direct from Shihan Taylor (instructor's discount do apply) overseas students can obtain the syllabus through Ebay at dougo177 The link is:- <http://stores.ebay.com.au/strongestkarate>

KIDS ARE QUICK:

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher

Russia:

On September, 14, 2008 in Dojo Branch-Chifa Sergey Olin, (Russia, Chelyabinsk) has taken place joint training and a seminar for instructors, judges and black belts(zones) " Federations Karate Kyokushinkai Southern Ural ". There were 42 persons. After training has passed session. On which Sergey Olin has awarded the best fighters, judges and instructors by results of 2007-2008 in a nomination " Best of the best " Nominations have been founded by Branch-Chifom Sergey Olinym, together with Welfare fund " OLYMPUS ", director Sergey Novatsky. Honourable diplomas, desktop medals, a badge of a nomination and a monetary gift have been given to winners.

As the best have been recognized:

The best fighter among young men - Deyev Maxim

The best fighter among girls - Kudryavtsev Julia

The best fighter among men - Terenkov Egor

- Break of year - Kudryavtsev Julia

- The best trainer - Evdakov Andrey

- The best Judge - Bozhenko Eugeny

- The best club - "Edelveys"

- The best journalist - "WWW.CHELkarate.ru"

Sergey Olin – Branch Chief

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