



KyokuSHIN Karate

Hanshi Taylor's Branch - Australian Newsletter – shiantaylor@ozemail.com.au
November 2011 IKO-Matsushima Organisation from Hanshi Taylor's Branch

Shihan Bobby Lowe:

It is with great sadness to report the death of Shihan Lowe. There can be no doubt that after Sosai Oyama; Shihan Lowe was the biggest legend in Kyokushin Karate. Shihan Lowe started the first Kyokushin dojo outside Japan and was one of the main driving forces behind the fantastic growth of Kyokushin in the early years. He travelled the world giving seminars and we were fortunate enough to have him here on many occasions. Not only was Shihan Lowe a great martial artist, but also a fine human being. Shihan Lowe will be greatly missed...

Congratulations: Congratulations to Sempai El Hayek on the birth of his twin babies, a boy and a girl, Tasnim and Adam. Mother and babies are doing well.

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Perseverance:

The following passage was found in a book on the subject of Yang Tai Chi Chuan, by John Hine. It encompasses an attitude and a revelation (a truth) that should be prevalent in the minds of all true and serious martial artists. It goes;

"Perseverance is the most admired characteristic of the great masters in both East and West. It is what makes a master a master. When every one else has given up, you are still there, fastidiously following the principles set out so long before. Come rain or shine you are following your quest. This is the secret of success in anything. Unfortunately, people still think they can buy it, or that there is a short cut to it. Once you have set out on your journey, do not be deflected-follow the road you have chosen to its end."

Work like an animal: Sheep:

Sheep are a lot more intelligent than previously thought" says our expert. "Flocking behaviour is advantageous, protecting them against predators. If you have a flock of 100 sheep, one might be eaten by a predator. If you're on your own, it's pretty much a dead certainty the predator will get you. So flocking reduces the chance of you being a meal." The sheep's business model, like an old mutual building society, is safety in numbers. The more of them there are, the more they spread the risk between members of the flock. Sheep also know how to avoid being eaten, by getting away quickly from the first sign of trouble to places where the trouble can't follow. "Sheep basically walk on tiptoes," says our expert. "In the wild they can pick out paths in mountains where predators just can't follow. So they just avoid conflict as much as possible." The flock is also much attuned to the prevailing conditions, blessed as they are with excellent hearing and peripheral vision. A business where every colleague has eyes and ears constantly on the watch for changes in the market is best placed to avoid the crises that can befall others. **What sheep teach us:** Judge things on the evidence, not on perceived wisdom, or you might underestimate the opposition. Spreading risk will see you through uncertain times. **Business life June 2010**

Quote of the month:

"It is always the secure who are humble."

Gilbert Keith Chesterton, English critic, novelist and poet

EASTERN SUBURBS MATHS COACHING

University: Mathematics Statistics
Dr. Ian Hoffman BSc (Hons 1) PhD. - 0434188239

Missing AKKA tournament programs: We are missing: 1979–1981–1995–1996–1997–1998 If you have any the above programs, we are prepared to give a five DVD set of the 2006 Sydney World Cup in exchange or whatever fee is reasonable.

Link to last months Shin:

<http://www.akka.com.au/newsletters/Shin201110.pdf>

Recommended by the AKKA
"Rhino Mouth Guards"
www.rhinomouthguards.com

Congratulations to Kristina Oyama & Cameron Quinn:

I would to congratulate Kuristina and Cameron on their recent marriage and while we are poles apart politically, marriage is a wonderful institution and I wish them a long and happy life together. John Taylor

Ear candling (coning)

Ear candling or coning is a method of cleaning the ears and the mind, which allegedly alleviates a host of physical, emotional and spiritual ailments. A hollow candle is stuck into the ear and lit, allegedly sucking out earwax and negative energy. The process is ineffective for earwax removal. I don't know how anyone knows whether it sucks out energy, positive or negative. What wax appears in the cone is from the melted candle, not from the ears. The suction created by the coning flame is insufficient to remove wax, which, by the way, is good for you. It traps dust and dirt and helps fight infections.

Though some people fear that coning will leave them mindless, the only real dangers are from burning, infection, obstruction of the ear canal and perforation of the eardrum. The origin of this unnatural practice has been given as ancient Tibet, China, India, Egypt, and pre-Columbian America. Even Atlantis is cited as a possible origin. In other words, we don't have a clue how this thing got started. We also have no idea how far this will go, but Butt Candling could be the end.

Another candle in the dark blown out by an ill wind? However, a safe and effective alternative is to fill you ears with soap while you are washing your hair/head, then place both palms over your ears, press as hard a you can, release quickly and "pop" your ears., do this a couple of times each time, twice a week. It will not cure the problem if your ears have become all bunged up rather it is a treatment to prevent the problem if ear wax is problem with your ears!

2011 Australian Kyokushin Open Championships

The Australian Open Full Contact and Non Contact Championships once again went off without a hitch. With 260 plus fighters in the Non Contact and 80 in the Full contact it was a weekend on non stop action. Look for the next issue for a full report, meanwhile here are the results:

A black belt is a white belt who never gave up – Just enjoy the journey

FULL CONTACT DIVISIONS:

Men Open Heavyweight Division:

- 1st Place: Hamad Zandi
2nd Place: Andre Nakad
3rd Place: Dane Vrtacic & Daniel Fitzgerald

Male Open Middle weight Division:

- 1st Place: Jason Walker
2nd Place: Benjamin Lyon
3rd Place: Simon Noble & Kalym Davies

Male Open Lightweight Division:

- 1st Place: Ricky Andrew
2nd Place: William Phillips

Male 4th & 3rd Kyu Middleweight Division

- 1st Place: Leif King
2nd Place: Marek Stachowiak

Male 5th Kyu & Under Heavyweight Division:

- 1st Place: David Weir-Smith
2nd Place: Elias Kavadias

Male 5th Kyu & Under Middleweight Division:

- 1st Place: Craig Gollan
2nd Place: Ari Slamer

Male 5th Kyu Lightweight Division:

- 1st Place: Cameron Fordham

Male Heavyweight Colts:

- 1st Place: Connor Hughes
2nd Place: Jesse McCall

Male Lightweight Colts:

- 1st Place: Jacob Mildon
2nd Place: Marl Orlovic

Female Open Heavyweight Division:

- 1st Place: Melanie Barclay
2nd Place: Rebecca Connolly

Female Open Middleweight Division:

- 1st Place: Shannon Johnson-Ward
2nd Place: Avril Gill

Female Open Lightweight Division:

- 1st Place: Leticia Ferres
2nd Place: Jacque Wooster

Female 5th Kyu & Under Heavyweight Division:

- 1st Place: Rebecca Savige
2nd Place: Leah Haar

Female 16 & 17 Heavyweight Division:

- 1st Place: Moira Haimona
2nd Place: Tiani Smith

Female 16 & 17 Years Lightweight Division

- 1st Place: Phoebe Stockdale

NON CONTACT DIVISIONS:

Male Open Division:

- 1st Place: Rickie Andrews
2nd Place: Nathan McLean
3rd Place: Kalym Davies & Paul Lechczy

Male Veterans Division:

- 1st Place: Steve McLean

Female Open Division:

- 1st Place: Jose Gibilsco
2nd Place: Sasha Morrissey
3rd Place: Chloe Woolcock & Karen Cirillo

Male 5th Kyu & Under Division:

- 1st Place: Adel Ismail
2nd Place: Nathan Hare
3rd Place: Alan Peterson & John Williams

Female 5th Kyu Under Division:

- 1st Place: Nicole Furlong
2nd Place: Catherine Allison
3rd Place: Kristina Wells & Clare Simpson

Male 16 & 17 Years Division:

- 1st Place: Marko Orlovic
2nd Place: Andrew McGrath
3rd Place: Jay Volkerts & Jordan Mott

Male 13 – 15 Years Division:

- 1st Place: Casey Andrews
2nd Place: Samuel Shields
3rd Place: Kauri Davies & Jeremy Taylor

Female 13 – 15 Years Division:

- 1st Place: Tsara Brooker
2nd Place: Eilish Stockdale

Male 10 – 12 Years Division:

- 1st Place: Naasar Kaasab
2nd Place: Premo Davies
3rd Place: Ryan Lewis & Kristian Monreal-Durham

Female 10 – 12 Years Division:

- 1st Place: Talia Cirillo
2nd Place: Emily Howell
3rd Place: Thiiyana Jones & Rachael Morrissey

Male 8 & 9 Years Division:

- 1st Place: Dallas Woodham
2nd Place: Kyle Porter
3rd Place: Niran Rayikumar & Tommy Smith

Female 8 & 9 Years Division:

- 1st Place: Alyssa Gilchrist
2nd Place: Letitia Nasko
3rd Place: Tara Lewis & Jasmin Camilleri

Male & Female 6 & 7 Years Division:

- 1st Place: Hawaiki Teaho
2nd Place: Aiden Lewis
3rd Place: Alex Keats & Dylan Birkbeck

Male & Female 5 Years & Under Division:

- 1st Place: Dylan Bitmead
2nd Place: Stuart Simpson
3rd Place: Xavier Quinn & Paige Fitzgerald

The AKKA recommends
Bill Buddy
"Costumer Payment Solutions
for Martial artists"
www.billbuddy.com.au

2012 Australian AKKA calendar

- 2nd – 4th March Victorian Grading & Training camp
9th – 12th March New South Wales Grading & Training camp
13th March Bondi Junction Under 5th Kyu grading
1st April Vict. Full & Non Contact Championships
4th – 6th May National Camp Queensland
27th May NSW. Full Contact Championships
4th June Bondi Junction Under 5th Kyu grading
17th June Tasmanian One Match
24th June New South Wales Non Contact
Individual Championships
4th & 5th August Australian Open full &
Non Contact Championships
1st – 3rd Sept. Victorian Grading & Training camp
7th – 9th Sept. New South Wales Grading & Training camp
30th September NSW. Open Full Contact & non Contact
Country Championships - Griffith
27th October Queensland Championships
4th November New South Wales Non Contact
Team Kumite & Kata Championships

Training:

"When you're not training somebody else is and when you meet, they'll win!"

Ballarat dojo new website

<http://www.ballaratkyokushinkarate.com>