



KyokuSHIN Karate

Hanshi Taylor's Branch - Australian Newsletter – hanshi@akka.com.au
May 2019 IKO-Matsushima Organisation From Hanshi Taylor's Branch



2019 New South Wales AKKA Championship results:

The 2019 NSW with 265 entries was once again a very busy and exciting day. The mark of its success was the large amount of other karate organisations, including other Kyokushin and non Kyokushin styles, even with so many diverse karate organisation the comradery among the fighters was exceptional. As always, and great to see so many karate organisations supporting each other. The day started with the Non-Contact the under 5-year old's kicking of the day, with three mats running it very quickly went into the older kids and adults. The Non-Contact events are the continuous fighting style and keeps the fighters constantly on the move, producing exciting bouts and spectacular techniques especially among the junior divisions. However, the adults were certainly not outclassed by the kids and they also produce great fights, it was especially good to see so many veterans "giving it a go" showing they still have "what it takes". From the Non-Contact the event quickly moved into the Children's Padded Divisions which is very popular division both among the fighters and the audience, it is not hard to notice how the audience involvements lifts once this division starts. And why? With padding, the kids feel free to let loose on each other without fear of injury and just enjoy the interaction. It was not long before the Adults Full-Contact started which once again lifted the excitement barometer and did it lift, with some outstanding fighters giving it their all, even the junior divisions went flat out, the final of the Female Full-Contact between two Tamworth Fighters who are both from the *Shihan Tyson dojo*, being from the same dojo did not stop a tough grueling fight with Reakeeta coming out on top. The Male 5th Kyu & Under Divisions were just an exciting with the heavyweight bout between Mitch Davis from the Darren Jordan *dojo* and Jack Evans for the Frank Cirillo Griffith Kyokushin *dojo* was a bout that was filled with action and solid toe-toe action ending in win to Mitch and a worthy second place to Jack. The 5th Kyu Middle weight fighters were certainly not to be outdone and the AKKA Coogee fighter Ji Qin Huang and another great fighter from the Frank Cirillo Griffith *dojo*, Anthony Sampson. With both fighters giving a great display of every technique in the book that had the audience sucking in their breath. In this case, I am sure the judges were scratching their heads, but they have to pick a winner, so they went for Huang. The Heavyweight Green belt division final was a short affair with Bondi Junction AKKA Giacomo Vianello took on the AKKA fighter in Crows Nest, Christopher Mae, Chris put great effort but was outclassed by the more experienced Giacomo who won on a TKO. It was on to the "Open Divisions" and that had another two AKKA fighters in the final with Bondi Junction's Kazutaka and Coogee's Gary Trenaman, as with the other matches these two lefts nothing left at the end of the bout with the flags going for Kazutaka. The Open Middleweight had a Victorian fighter in Gabriel Shields, one of the "Shields family" of great fighters from *Shihan Viccars Bellarine dojo* and Tasmanian in Ben Campia from the Burnie *dojo*. It was two really top fighters that stood across from each other, both with great fighting records and both obviously determined to add the 2019 NSW Title to their list of successes and once again a great match ensued with Gabriel getting the nod in a very close bout. The final bout of the day is as always, the "Male Open Heavyweight Division" with two great

heavyweights in size and reputation in Mohammed Rezaie a well-known Victorian fighter and Samuel Shields another one of the high-class fighters from the Bellarine dojo. Both have represented Australia and the AKKA in the past, so everyone knew this fight was going to be the match of the day and true to form that is exactly what it was. With two very different style of fighters going at each other, with Mohammed being the toe-toe tough hard style of fighter and Samuel who is well known for his great technique, used them all in an effort to put Mohammed away, Mohammed countered with close in fighting and some of the most vicious inside low kicks ever seen in a Kyokushin bout and it was the inside low kick that finally won it for Mohammed, but what a great bout and what great fighters both of them are, I am sure the audience is hoping that they will both meet again in the 2019 Australia Open on the 18th August to see a repeat and the "fight of the year" The results are as follows:-

Full Contact Divisions:

Male Full Contact Open Division:

- 1st Place: Mohammed Rezaie
2nd Place: Samuel Shields
3rd Place: James Campbell & John Lucas

Male Open Middleweight Division:

- 1st Place: Ben Campia
2nd Place: Gabriel Shields

Male Open Lightweight Full Contact Division:

- 1st Place: Kazutaka Ohno
2nd Place: Gary Tranaman

Male 4th – 3rd Kyu Heavyweight Division:

- 1st Place: Giacomo Vianello

Male 5th Kyu & Under Heavyweight Division:

- 1st Place: Mitch Davis
2nd Place: Jack Evans

Male 5th Kyu & Under Lightweight Divisions:

- 1st Place: Daniel Sagurit
2nd Place: Ross Grasso

Male 5th Kyu & Under Middleweight Division:

- 1st Place: Yi Qin Huang
2nd Place: Anthony Sampson

Male 16 & 17 Years Division:

- 1st Place: Nicholas Poulos
2nd Place: Daniel Warford

Non-Contact Divisions:

Male & Female Years & Under Division:

- 1st Place: Sofia Sklavos
2nd Place: Tommy Sharp
3rd Place: Maximus Sinfield

Male & Female 6 & 7 Years Division:

- 1st Place: Summon Nan
2nd Place: Fabian Sampson
3rd Place: Kingsley Xian & Leo On Kit Chao

Female 8 & 9 Years Division:

- 1st Place: Stephanie Noujaim
2nd Place: Ayurvi Chaudhary
3rd Place: Aayanna Chaudary

Male 8 & 9 Years Division:

- 1st Place: Sydney Liu
2nd Place: Winston Liu
3rd Place: Brandon Pearson & Jonas Waterford

A black belt is a white belt who never gave up – Just enjoy the journey

Female 10 1- 12 Years Division:

1st Place: Talia Afungia
2nd Place: Farah Sideq
3rd Place: Melanie Poulos & Charlotte Wong

Male 10 – 12 Years Division:

1st Place: Koursosh Nadery
2nd Place: Marcus Radwanoski
3rd Place: Youseff Tannous & Heath Coulston

Female 13 – 15 Years Division:

1st Place: Lily Radwanoski
2nd Place: Erica Peterson
3rd Place: Niamh Elliott & Reina Sou

Male 13 – 15 Year Division:

1st Place: Brendan Lawson
2nd Place: Tadeo Gale
3rd Place: Akash Achari & William Michihiro Akiyama

Male 16 & 17 Years Division:

1st Place: Nichols Poulos
2nd Place: Junji Fukuta
3rd Place: David Dinkin & James Tripovich-Green

Female 5th Kyu Under Division:

1st Place: Zarina Georges
2nd Place: Dimitty Keys

Male 5th Kyu & Under Non-Contact Division:

1st Place: Daniel Saguritr
2nd Place: Stephen Tung
3rd Place: Roger Rajaratnam & Withycombe

Female Veterans Open Division:

1st Place: Carolyn Atkinson

Male Veterans Open Division:

1st Place: David Hawkins:
2nd Place: Kurt Dean
3rd Place: Joseph Ciccica & Anthony Spurgeon

Male Open Division:

1st Place: Mohammed Aziz
2nd Place: David Hawkins
3rd Place: Joseph Ciccica & MD Faizul Kabir

Padded Divisions:

Male 8 & 9 Years Lightweight Padded Division:

1st Place: Rocky Crumlish
2nd Place: Artin Sartipinjad
3rd Place: Jack Boykin & Winston Liu

Male 8 & 9 Years Padded Division:

1st Place: Wyatt Carter
2nd Place: Richard Tannous

Female 10 - 12 Years Lightweight Padded Division:

1st Place: Sierra Taylor
2nd Place: Charlotte Wong

Male 10 – 12 Years Lightweight Padded Division:

1st Place: Tony Noujaim
2nd Place: Marcus Radwanowski
3rd Place: Nelson Harvey & Ciarah Olah

Female 10 – 12 Years Middleweight Padded Division:

1st Place: Melanie Poulos
2nd Place: Sophie Paparsenos
3rd Place: Farah Sideq & Natalie Noujaim

Male 10 – 12 Years Middleweight Padded Division:

1st Place: Koursosh Nadery
2nd Place: Mitchell Cwojdinski
3rd Place: Zachariah Aziz & Noah Cardenas

Male 13 – 15 Years Padded Division:

1st Place: Dante Reverr
2nd Place: Max Mijocevic

Female 13 – 15 Year Lightweight Division:

1st Place: Andie Hodder
2nd Place: Lilly Radwanowski

Male 13 – 15 Years Lightweight Padded Division:

1st Place: Rio Koganemaru
2nd Place: Akash Achari
3rd Place: Kyan Redfern & Jay Madge

Male 13 – 15 Years Middleweight Padded Division:

1st Place: James Picos
2nd Place: Brendan Lawson
3rd Place: Tadeo Gale & Conor Hatzinikolau

Female 13 – 15 Years Padded Division:

1st Place: Erica Peterson
2nd Place: Reginella Lapenna

Male 13 – 15 Years Heavyweight Padded Divisions:

1st Place: Kai Evens
2nd Place: Joel Xipakis
3rd Place: Damien Poulos & Demetrios Paparsenos

The next event:

The 2019 Australian AKKA Full-Contact & Non-Contact Open Championships will be held on the 17th & 18th August. Get your application in ASAP the deadline is close. On-line applications are at www.ikomatushima.com.au

Fitness Facts

Calories burned per 1 hour

Exercise	Amount
Walking	245
Bicycling	420
Jogging	490
Running	560
Circuit Training (minimal rest)	565
Aerobics (step aerobics)	600
Karate / Kickboxing	705

Estimated amount of expended calories based on a sample body weight of 155 lbs.

Quote of the month:

Masutatsu Oyama

"Behind each triumph are new peaks to be conquered."

Training:

"When you're not training, somebody else is, and when you meet, they will win"

Success:

At age 4 success is . . . Not piddling in your pants.
At age 12 success is . . . Having friends.
At age 17 success is . . . Having a driver's license.
At age 35 success is . . . Having money.
At age 50 success is . . . Having money.
At age 70 success is . . . Having a driver's license.
At age 75 success is . . . Having friends.
At age 80 success is . . . Not piddling in your pants.